



The focus of the 21 Days of prayer and fasting is primarily prayer. However, we will incorporate different fast's, starting with a light fast and ending with an intense fast. Our focus should be to exercise our spiritual disciplines and grow stronger in those areas, and ultimately to be closer to Jesus. We highly suggest investing in a journal or a notebook so you can write down specific requests, praise reports and keep track of how God answers them. Below, you will find a breakdown of the topic, recommended fast and prayer target along with scripture to utilize in your prayer time. With that breakdown, you are now ready to start this 21 day journey in fasting. We pray you are blessed and encouraged throughout this fast.

<p>Day 1: Pray for believers and unbelievers to repent and be saved. (Repentance) 2 Cor. 4:4 NLT Fast: Sunup to sun down Challenge: Right down on a sheet of paper things that we need to repent of</p>
<p>Day 2: Pray for revival and a great awakening in the world. 2 Chron. 7:14 Fast: Daniel Challenge: Call someone and encourage them</p>
<p>Day 3: Pray for Christians who are enduring persecution. Ps. 138:7 Fast: No social media. Challenge: Share your faith throughout your day</p>
<p>Day 4: Pray for families to be strengthened Eph. 6:10-11 Fast: Water only Challenge: Call family members and express our gratitude</p>
<p>Day 5: Pray for a family member or a friend who is sick. (Ps. 107:19-20 NLT). Fast: Daniel Challenge: call family member and pray for the sickness to leave</p>
<p>Day 6: Pray for a couple who is struggling in their marriage. Col. 3:13-14 NLT Fast: Sunup to sun down Challenge: Send an encouraging text.</p>
<p>Day 7: Pray for unity in churches and in the body of Christ. 1 Cor. 1:10 NLT Fast: All sweets, and social media Challenge: Call a friend from another church and encourage them.</p>
<p>Day 8: Pray for our pastor and for our church leadership. James 1:5-6 NLT Fast: Daniel Challenge: Pray for two hours (throughout the day)</p>
<p>Day 9: Pray for the ministry's in our church. Col. 3:23-24 Fast: Daniel Challenge: Win a soul/ tell someone about Jesus</p>

Day 10: Pray for a neighbor/community/city Eph. 1:17

Fast: Only liquids

Challenge: Memorize VOI promise scripture.

Day 11: Pray for international church plants Ps. 112:6-7

Fast: Sunup to sun down

Challenge: Discover the need in a country and pray for it

Day 12: Pray for a elderly, veterans, disabled Ps. 34:18

Fast: Sunup to sun down

Challenge: Help an elderly person

Day 13: Pray for family's salvation Ps 22:27-28

Fast: Water only

Challenge: Invite an unsaved loved one to church

Day 14: Pray for the government leaders in your country. Deut. 13:4

Fast: Daniel

Challenge: Create a prayer post for our government leaders and post it on social media

Day 15: Pray that our nation would obey the voice of God. Ps. 139:13-15 NLT

Fast: Your choice

Challenge: Read the bible with someone

Day 16: Pray for an unsaved family member or friend. Rom. 10:9-10

Fast: Sunup to sun down

Challenge: Lead someone to the lord

Day 17: Pray for someone who is battling depression. Zeph. 3:17 NL

Fast: Absolute

Challenge: Invite that person to lunch

Day 18: Pray for the people in your city/community. 1 John 4:7-8 NLT

Fast: Eat one meal

Challenge: Bless someone with some groceries

Day 19: Pray for your heart to be obedient to the Lord. James 1:25 NLT

Fast: Daniel

Challenge: Be transparent with a leader.

Day 20: Pray for a deeper commitment to prayer. 1 Thess.5:16-18 TPT

Fast: Only liquids

Challenge: Call someone and pray with them

Day 21: Pray for boldness to share the gospel with others. Rom 1:16 NLT

Fast: Your choice

Challenge: Go evangelizing